

Easy Read Patient Information - Routine of the ward



What happens on the ward in the morning?



Staff members will wake you up. Lights are switched on and the curtains are opened.



One named nurse will look after you in the morning.



A nurse will record your blood pressure.



Your nurse will give you the medicine or tablets you need.



Breakfast

Breakfast will be about 8 o'clock.
Ask staff if you need any help.



If you need some help staff members will get you washed and dressed.



Staff members will change your bedding.



Doctors might come and talk to you.

What happens on the ward in the afternoon?



Lunch

Lunch will be around 12 o'clock.
Ask staff if you need any help.



Later a nurse will record your
blood pressure.



One named nurse will look after
you in the afternoon.



Your nurse will give you the
medicine or tablets you need.



Ask staff when your family or friends can come to see you.



All visitors must wash and gel their hands.



You will be asked to choose what you would like to eat for the next day. Staff can help you.



Dinner

Dinner will be around 5 o'clock.
Ask staff if you need any help.

What happens on the ward in the evening?



A nurse will record your blood pressure.



A team of nurses will be looking after you in the night.



A nurse will give you the medicine or tablets you need.



Evening drinks will be served around 9 o'clock.



Lights will be dimmed. Please be quiet so others can rest.

All about the ward



The ward will be busy and can sometimes be noisy. You will hear different sounds.



There will be lots of different smells on the ward.



You will see lots of different workers on the ward. Workers wear different uniforms.



Different workers may want to talk with you and do things with you. They will talk to you about this first.



You will have a button to press if you need any help. This is called a buzzer. It is at your bedside.



You will have a locker near your bed to keep all your things in.



There is a TV, radio and phone near your bed. You have to pay to use these.



Tell someone if you need help to use the toilet. You can use your buzzer to ask for help.



Tell someone if you feel poorly.
You can use your buzzer.



Tell someone if you feel pain.
You can use your buzzer.



Sometimes you might have to
leave the ward to go to other
parts of the hospital for a scan or
other tests. Staff will talk to you
about this.

Workers and Uniforms



Nurses



Support Nurses



Doctors



Blood Takers



Physiotherapists



Therapists



Cleaners



Porters

If you would like to speak to someone about this information please call 01246 512640 (Advice Centre)

We can arrange help if you use British Sign Language.

Someone can help if you do not speak English. Please let us know before you come to the hospital.

Let us know if you need help to communicate.

For more information go to www.chesterfieldroyal.nhs.uk

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