Because you have been given something to make you drowsy for the test, it is important that you:

1. Rest quietly for the remainder of the day, with someone to look after you overnight if possible, as you will still be affected by the sedative drugs for up to 24 hours.

2. It is advisable to have the following day off work, but in any event for the first 12 hours following sedation Do Not:
   - Drive a car
   - Drink Alcohol or Smoke
   - Take sleeping tablets
   - Operate any machinery or electrical items
   - Sign any legally binding documents
   - Work at heights (including climbing ladders or onto a chair)

Sedation can impair your reflexes and judgment.

1. You may have a sore throat for a short time after the test. This is normal, and should pass within a day. Do not take any additional tablets or medicines for a sore throat if this has resulted from your gastroscopy.

2. You should eat light meals and you can drink fluids today.

3. You should go home and rest

If you have any problems or queries about your test please telephone the Endoscopy Suite. A report will be sent to your GP within the next few days.

To contact us by telephone:
Monday to Friday 8:30am -5:30pm  01246 512197

If your call is out of these hours please contact our 24 hour contact number 01246 513580

Biopsies / samples taken …………………………………………………………………………………

Any specimens that were taken will need to be reported on by the laboratory which takes approximately ……………….. The results of any specimens taken are not sent back to the Endoscopy Suite, so please do not telephone us to find out the results. The results of any tissue samples taken will be sent directly to your Consultant who will then write to your GP.

Your follow up ………………………………………………………………………………………………. 