

# Soft & Bite Sized Menu

Small 1.5cm x 1.5cm pieces with no thin liquid separating from the food. Used if unable to chew bite sized pieces down to a smaller size and gather with the tongue to swallow safely.

## Appetisers

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**Soup of the day** 

## Mains

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**Pork & apple casserole, creamed potato & diced swede**

**Beef goulash, creamed potato & diced carrot**

**Corned beef hash, diced swede & creamed broccoli**

**Beef cottage pie, mushy peas & diced carrots**

**Chicken tarragon, creamed potato & diced carrots**


**Hunters chicken, creamed potato & creamed broccoli**


**Minted lamb casserole, creamed potato & mushy peas**


**Fishermans pie, diced carrots & mushy peas\***

**Fish in butter sauce, creamed potato, diced carrot & diced swede\***

**Salmon in cheese sauce, creamed potato & creamed broccoli**


**Quorn & vegetable curry, creamed potato & creamed broccoli** 

**Vegetable gratin, creamed potato & creamed broccoli** 

**Cauliflower & broccoli bake, creamed potato & diced carrots** 

**Vegetable goulash, creamed potato & diced swede** 

**Quorn sausage hotpot, creamed potato & diced swede** 

**Cheese & potato bake, diced carrots & creamed broccoli** 



\* This dish is MSC certified  
Please note: fish dishes may contain bones

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patientdining

by *sodexo*

# Desserts

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**Fruit crumble pudding  
& custard** **V**

**Vanilla sponge pudding  
& custard** **V**

**Chocolate sponge  
pudding & custard** **V**

**Rice pudding** **V**

**Semolina** **V**

**Cold flavoured  
custard dessert**

**Vanilla ice cream** **V**

**Smooth thick &  
creamy yogurt** **V**

The Trust's pureed menu complies with the International Dysphagia Diet Standardisation Initiative 2016.

Information on the allergen content of our foods can be obtained from the catering department.



**VEGETARIAN** Suitable for lacto-ovo vegetarians, who eat both eggs and dairy products, but exclude all meat, poultry, seafood and products derived from these (e.g. gelatine and rennet).

CERTIFIED  
SUSTAINABLE  
SEAFOOD  
**MSC**  
www.msc.org



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery