

PUREED MENU

IDDSI Level 4 Menu

Smooth texture with no lumps or separate liquid. Used if unable to bite or chew food, or if tongue control is reduced.

APPETISERS

Pureed soup of the day **v**

MAINS

Lamb & mint casserole,
potato & mushy peas

Beef cottage pie,
mushy peas & carrots

Corned beef hash,
swede & broccoli

Pork & apple casserole,
potato & swede

Chicken in bbq sauce,
potato & broccoli

Fishermans pie, carrots
& mushy peas *

Fish in tomato sauce,
potato, carrot & swede*

Salmon in cheese sauce,
potato & broccoli

Cheese & potato bake,
carrots & broccoli **v**

Vegetarian sausage
hotpot, potato & swede **v**

Vegetarian cottage pie,
sprouts & swede **v**



* This dish is MSC certified

Please note: fish dishes may contain bones

DESSERTS

Fruit crumble pudding
& custard **v**

Vanilla sponge pudding
& custard **v**

Chocolate sponge
pudding & custard **v**

Rice pudding **v**

Semolina **v**

Cold flavoured
custard dessert

Pureed fruit pot **v**

Smooth yogurt **v**



The Trusts pureed
menu complies with the
International Dysphagia
Diet Standardisation
Initiative 2016.

Information on the
allergen content of
our foods can be
obtained from the
catering department.

V

VEGETARIAN

CERTIFIED
SUSTAINABLE
SEAFOOD
MSC
www.msc.org



Seafood with this mark comes from
a fishery that has been independently
certified to the MSC's standard for a
well-managed and sustainable fishery