

## Carers Support Groups (Derbyshire)

### What's the groups name?

- Derbyshire Carers Association

### Where and when do they meet?

- Derbyshire Carers Association has Support Groups throughout the county to support Carers locally. Chesterfield and Bolsover support groups are listed below.

### Who's invited?

- Carers

### What does the group do?

- Gives carers the opportunity to discuss problems and share experiences together in an informal, relaxed atmosphere.

### How do we find out more information?

Contact details: Derbyshire Carers Association  
3 Park Road  
Ripley  
Derbyshire  
DE5 3EF

Telephone: 01773 833833  
Email: [info@derbyshirecarers.co.uk](mailto:info@derbyshirecarers.co.uk)  
Web: <https://derbyshirecarers.co.uk>

Chesterfield Carers Hub: South Lodge  
Boythorpe Avenue  
Chesterfield S40 2B

Telephone: 01246 559524  
Email: [chesterfield@derbyshirecarers.co.uk](mailto:chesterfield@derbyshirecarers.co.uk)

### Support Groups – Chesterfield Area

- **Carers Community Group** - 2nd Wednesday of the month, 2:00pm – 3:30pm. Monkey Park Café, Chester Street, Chesterfield, S40 1DW.
- **Chesterfield Carers Support Group** - 3rd Wednesday of the month, 10:30am – 12-30pm. Upstairs Saints Parish Rooms next to Crooked Spire, 3 St Mary's Gate, Chesterfield. Lunch & refreshments provided.

- **Deep Group (In partnership with Making Space)** - 3rd Tuesday of the month, 10:00am – 12:00 noon. St Helenas Campus, 2 Sheffield Road, Chesterfield, S41 7LU
- **Peter Webster Centre (Not DCA Facilitated)** - 2nd Tuesday of each month at 10:00am – 12:00pm. The Peter Webster Centre, Whittington Moor, Chesterfield S41 8LQ
- **The Mental Health Carers Art Group (Not DCA Facilitated)** - meets every Friday, 10.30am – 12.30pm. Chesterfield Labour Club, Saltergate, Chesterfield. All materials provided.

### **Support Groups – Bolsover Area**

- **Bolsover Mental Health Carers Support Group** - 3rd Friday of the month. 10.30am-12.30pm. Burnbridge House, Carr Vale. Refreshments, Manicures, Pedicures, facials.
- **South Normanton** - 1st Thursday of the month 2:00pm – 4:00pm. Market Close, South Normanton, Alfreton DE55 2EJ

Contact: 01246 559524 for more information.