

# NO MILK MENU

*No milk containing ingredients*

## APPETISERS

Tomato soup **v**

Vegetable soup **v**

Fruit juice **v**

## MAINS

Fish in soya parsley sauce

Roast beef in gravy

Roast turkey in gravy

Roast pork in gravy

Chicken in gravy

Soya chilli con carne **v**

Jacket potato & tuna

Jacket potato &  
baked beans **v**

Plain ham plated salad

Plain egg plated salad **v**

## SANDWICHES

*All sandwiches available on  
white or wholemeal bread*

Beef

Ham

Tuna

Egg **v**

## SIDES

Mashed potato **v**

Chipped potatoes **v**

Boiled rice **v**

Side salad **v**

Vegetable of the day **v**



## DESSERTS

Soya rice pudding **v**

Fruit crumble &  
soya custard **v**

Carrot cake & soya  
custard **v**

Warm fruit compote **v**

Fruit jelly

Piece of fresh fruit **v**

Frozen smoothie  
dessert **v**

Information on the  
allergen content of  
our foods can be  
obtained from the  
catering department.



**V**

**VEGETARIAN**