

SOFT & BITE SIZED MENU

IDDSI Level 6 Menu

Small 1.5cm x 1.5cm pieces with no thin liquid separating from the food. Used if unable to chew bite sized pieces down to a smaller size and gather with the tongue to swallow safely.

APPETISERS

Soup of the day **v**

MAINS

Lamb & mint casserole,
creamed potato
& mushy peas

Beef cottage pie, mushy
peas & diced carrots

Corned beef hash, diced
swede & creamed broccoli

Pork & apple casserole,
creamed potato
& diced swede

Chicken in bbq sauce,
creamed potato &
creamed broccoli

Fishermans pie, diced
carrots & mushy peas *

Fish in tomato sauce,
creamed potato, diced
carrot & diced swede*

Salmon in cheese
sauce, creamed potato
& creamed broccoli

Cheese & potato
bake, diced carrots &
creamed broccoli **v**

Vegetarian sausage
hotpot, creamed potato
& diced swede **v**

Vegetarian cottage
pie, creamed sprouts
& diced swede **v**



* This dish is MSC certified

Please note: fish dishes may contain bones

DESSERTS

Fruit crumble pudding
& custard **v**

Vanilla sponge pudding
& custard **v**

Chocolate sponge
pudding & custard **v**

Rice pudding **v**

Semolina **v**

Cold flavoured
custard dessert

Smooth yogurt **v**



The Trusts soft & bite
sized menu complies
with the International
Dysphagia Diet
Standardisation
Initiative 2016.

Information on the
allergen content of
our foods can be
obtained from the
catering department.

V

VEGETARIAN

CERTIFIED
SUSTAINABLE
SEAFOOD
MSC
www.msc.org



Seafood with this mark comes from
a fishery that has been independently
certified to the MSC's standard for a
well-managed and sustainable fishery