

# Colorectal Light Menu

## Appetisers

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Tomato soup **V**

Vegetable soup **V**

## Mains

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Fish in parsley sauce\*

Roast beef in gravy

Roast turkey in gravy

Roast pork in gravy

Chicken in gravy

Salmon pasta bake

Plain omelette **V**

Macaroni cheese **V**

Potato & cheese bake **V**

## Sides

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Mashed potato **V**

New potatoes **V**

Boiled rice **V**

Swede **V**

## Sandwiches

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Available on white bread

Cheese **V**

Ham

Egg **V**

Tuna

Beef



\* This dish is MSC certified  
Please note: fish dishes  
may contain bones

patientdining

by *sodexo*

# Desserts

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- Rice pudding **V**
- Mousse of the day
- Fruit jelly
- Cheese & biscuits **V**
- Cold flavoured custard dessert
- Vanilla ice cream **V**

Information on the allergen content of our foods can be obtained from the catering department.



**VEGETARIAN** Suitable for lacto-ovo vegetarians, who eat both eggs and dairy products, but exclude all meat, poultry, seafood and products derived from these (e.g. gelatine and rennet).

CERTIFIED  
SUSTAINABLE  
SEAFOOD  
**MSC**  
[www.msc.org](http://www.msc.org)



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery