Information for Patients with Diabetes Attending for Flexible Sigmoidoscopy with Enema Preparation
Guidance for Adjustment of Tablets and Non-Insulin Treatment

If you are unsure of anything, BEFORE your procedure, you should contact the Endoscopy Department on 01246 512869

The day before your procedure

- Eat and drink normally during the day.
- Take your usual diabetic medication
- If you take injections that are not insulin see overleaf for guidance.

The day of your procedure – morning

- Please follow your admission instructions about when to stop eating and drinking.
- See overleaf for instructions for your diabetic medication
- Please bring all your medication with you.
- If you have a blood glucose meter please check your blood sugar level at home.

The day of your procedure – afternoon

- Please follow the instructions about when to stop eating and drinking.
- See overleaf for instructions for your diabetic medication
- Please bring all your medication with you.
- Check your blood sugar level at home, if you have a blood glucose meter.

Whilst at the hospital

- When you arrive you will have your blood sugar checked.
- Any concerns about your blood sugar level will be discussed with you

After your procedure

- Your blood sugar level will be checked regularly.
- You will be given a drink and a biscuit as soon as you are able to tolerate them.

When you get home

- Check your blood sugar level at home, if you have a blood glucose meter.
- Your blood sugar may be higher or lower than usual and may take a few days to settle down after the procedure.

Contact telephone numbers:

- Diabetes team Monday to Friday 9am – 5pm 01246 512113
- Endoscopy Department Monday to Friday 8am – 6pm 01246 512869

Out of hours: you may need to contact your GP or come to the Emergency Department
# Guidance for Adjustment of Non-Insulin injections and diabetic tablets for Patients, with Diabetes, Attending Flexible Sigmoidoscopy with Enema Preparation

<table>
<thead>
<tr>
<th>Usual Tablets / Injections</th>
<th>Day before procedure</th>
<th>Day of Procedure Morning Procedure</th>
<th>Day of Procedure Afternoon Procedure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acarbose</td>
<td>Take as usual.</td>
<td>Do not take your morning dose.</td>
<td>Take morning dose as usual with breakfast. Do not take evening dose.</td>
</tr>
<tr>
<td>Metformin</td>
<td>Take as usual. Unless advised by doctors to omit.</td>
<td>Take as usual. Unless advised by doctors to omit.</td>
<td>Take as usual. Unless advised by doctors to omit.</td>
</tr>
<tr>
<td>Gliclazide Glipizide</td>
<td>Take as usual.</td>
<td>If you take your tablet once a day do not take in the morning. If you take twice a day do not take in the morning but take as usual after your procedure.</td>
<td>If you take your tablet once a day do not take in the morning. If you take twice a day do not take either dose.</td>
</tr>
<tr>
<td>Pioglitazone</td>
<td>Take as usual.</td>
<td>Take as usual.</td>
<td>Take as usual.</td>
</tr>
<tr>
<td>Sitagliptin Vidagliptin Saxagliptin</td>
<td>Take as usual.</td>
<td>Do not take on day of procedure.</td>
<td>Do not take on day of procedure.</td>
</tr>
<tr>
<td>Exenatide / Byetta injections</td>
<td>Inject as usual.</td>
<td>Do not take on day of procedure</td>
<td>Do not take on day of procedure.</td>
</tr>
</tbody>
</table>